Dear Parents,

Queensland has the highest rate of skin cancer in the world. Of all new cancers diagnosed in Australia each year, 80% are skin cancer. Given that children in child care are there during peak ultraviolet radiation (UVR) times throughout the day, early childhood settings play a major role in both minimising children’s UVR exposure and providing an environment where policies and procedure can positively influence long term behaviour.

Skin damage, including skin cancer, is the result of cumulative exposure to the sun. Research shows that sun burn contributes to skin cancer and other forms of skin damage such as sunspots, blemishes and premature aging. Most skin damage and skin cancer is therefore preventable.

Ultraviolet radiation (UVR) levels are highest during the hours that children are at child care settings. As children will spend a proportion of their day out doors, we are committed to protecting them from harmful effects of the sun.

With this in mind, Ingham State School realises the need to protect children’s skin and educate them about SunSmart behaviour, thus reducing the risk of skin damage from exposure to the sun. We ensure that our children wear hats whenever in the sun and that we have a strict policy of children not being able to play outside if they are not wearing hats.

Sunscreen will be available in classes but we are requesting that you ensure that your child still puts on sunscreen before school. The sunscreen we will supply may not suit all skin types so if you know that your child’s skin is sensitive please send in the sunscreen that suits your child’s skin to your child’s classroom.

As one of our major focuses for our Improvement agenda our reading program is consistent across all year levels. All students are involved in guided reading groups, reciprocal reading and shared reading using multimodal texts, including interactive white boards and computers, co construction of written genres and comprehension activities. We know that it is sometimes complex for parents to be able to know what strategies they should be using to best support their children at home. We are offering an opportunity for parents to attend a reading workshop on the 18th of March in the Resource Centre from 6.00pm until 7.00pm. Every parent is invited and we would especially welcome our new parents to the school. We will be looking at comprehension in particular and strategies that we use here at school that you may be able to follow through with at home. This workshop will be of particular interest also to our classroom volunteers. We will supply healthy and unhealthy snacks to ensure your interest remains high especially if you come straight from work. Remember that one of the greatest predictors of later academic success is parent involvement. Dads are invited too! We were very excited at the end of last year when some dads came to our behaviour workshop.

Our very first teacher parent night went really well and we had excellent feedback from parents who were really pleased to have an understanding of what practices are consistent across the school. If you missed that meeting or have any questions about our strategies, programs or how classrooms are being run please contact the office for an appointment. We are very proud of the time and energy our teachers put into creating optimal learning opportunities and we also want you to work with us to ensure that your child achieves the best possible outcomes.

I would like to thank the parents who so kindly have put up their hand to be an extra support at swimming and at reading groups. Your support is hugely appreciated. Don’t forget also that you are very welcome to attend our P&C meetings. Parent input and collaboration is very much a high priority at Ingham State School and we value hugely our parents’ ideas and advice. Our next meeting is on the 16th of this month.

THE ADMIN TEAM

Date Claimers
09 March—Rugby League Trials
12 March—Boys & Girls Football Trials
16 March—P&C AGM
18 March—Reading Workshop
26-27 April—NQ Netball Trials

2015 ASSEMBLY
Assembly is held on Friday afternoons in the Multipurpose Hall commencing at 2:05pm.
All welcome!

Spotlight
D A N C E
Wednesdays
Fridays
8:30am in the Multipurpose Hall

EFTPOS OR CREDIT CARD facilities are NOT available at Ingham State School.
P & C A.G.M. MONDAY 16 MARCH
Venue: Resource Centre Time : 7:30pm
Tea and Coffee available. New members are most welcome.
TALKING TUCKSHOP

Many thanks to the volunteers who filled the extra days last week. Your kindness is most appreciated.

Roster:
The Daily Tuckshop Roster for 2015 is now complete. If you have volunteered for tuckshop, please call into the tuckshop this week and collect your copy of the new Roster. Specialty Baking Roster will be available on Friday. Also, many thanks to everyone who has volunteered—the rosters are looking very good.

Blue Card:
Tuckshop volunteers, would you please check your Blue Card is current and if in need of renewal, please fill in the appropriate forms and bring in for signing. If you do not have a Blue Card, please let me know and we will arrange for you to obtain one.

Coconut Choc Brownies
Prep time—10 mins. Cooking time—20 mins.
Ingredients:  
Self Raising Flour 1/2 cup  
Coconut 1/2 cup  
Cocoa 1/2 cup  
Sugar 1/2 cup  
Eggs 2  
Low Fat Vanilla Yoghurt 1/2 cup  
Vegetable Oil 1-1/2 tbls  
Vanilla Essence 1 tsp

1. Preheat oven to 180°.
2. Mix dry ingredients.
3. Add wet ingredients and mix well.
4. Pour into well greased slice pan and bake for 20 minutes.

Tip: Double the ingredients.

Thank you for your cooperation.
Mrs Byers—Tuckshop Convenor

2015 Tuckshop Roster
Wednesday 04 March—
Araya Piakhan, Nadine Bulmer
Thursday 05 March—
Jodie Johnson
Friday 06 March—
Lina Marmara, Nadine Bulmer, Joel Matton
Monday 09 March—
Laura Reinaudo
Tuesday 10 March—
Lina Marmara, Elena Russo, Amanda Lenzo

2015 Specialty Baking Roster
Volunteers please!

STARS OF THE WEEK
Presented on Assembly Friday 27 February
Prep DA Jonty
Prep RP Imogen
1WT Caleb
Prep/1AS Kurtis
2MB Charli
2/3CS Christian
4CM Ebony
5EM Hannah
5NR Kaylee, Dean
6DM Laila
6LN Douglas, Charlotte

STUDENT BANKING
Each Tuesday is Student Banking Day. Please deposit your books in the Cash Collection Box near the Office door.

SCHOLASTIC BOOK CLUB ISSUE 2
CLOSING DATE 16 MARCH
Issue 2 Brochures will go home later this week. We advise that NO LATE ORDERS will be accepted to enable orders to be submitted and books received and given out to students before the end of Term 1.
Thank you for your cooperation.

ISS Playgroup News
Ingham State School Playgroup is on every Monday commencing at 9:00am in the Multipurpose Hall.
Tea and coffee available.
Bring your own morning tea.
Cost is $2.00 per family.
New members most welcome. Come along and join us.
Visit us on our Facebook Page—Ingham State School Playgroup.
HPE NEWS

As promised, the sporting calendar is beginning to ramp up.

Congratulations to Alissa, Sarah and Rhianna upon being selected for the Herbert River Schools Netball team. The trials will be held in Ingham on the 26th and 27th of April.

Rugby League trials for boys (any interested girls can come and speak to me) are being held on Monday March 9, 3:30 to 5:00pm, at the Crushers grounds on Fairfield Road. Permission forms may be collected from the Office. Please note only students turning 11 or 12 in 2015 are eligible to trial (born in 2003 and 2004). Students turning 13 years old in 2015 are NOT eligible to trial (born in 2002).

Boys’ Football trials will be held at Ingham State School from 3:15 to 4:15 Thursday March 12. Players aged 10-12 are eligible to trial. Girls will be informed of their trial date in the near future. Forms may be collected from the Office.

Must have signed permission form, shin guards and, if required, mouthguard exemption form. Without all of the above requirements, students will not be able to trial.

Helen and Natalee

LATE ARRIVALS MUST REPORT TO OFFICE BEFORE YOU GO TO YOUR CLASSROOM

SCHOOL DENTAL FORMS

Parent Consent Form—Prep to Year 3

Please complete, sign and return to the School Office as soon as possible.

HEARING SCREENING—INDIGENOUS STUDENTS

Consent forms—completed and signed—for Hearing Screening MUST be returned to the Office by the 19 March.

P & C NEWS

P & C Membership

If you would like to become a member of our school’s P & C, please return your Application for Membership form to the Office before the AGM which is to be held on Monday 16th March 2015 @ 7:30pm in the Resource Centre.

Voluntary Contributions

Thank you to those who have sent in their Voluntary Contributions. It is the same as for the last few years - $20.00 per child per year. This goes towards helping with our massive paper and copying costs. If you can contribute, please drop off your envelope at the Office.

Fundraising

Enclosed with today’s Newsletter is a letter from the P&C regarding this term’s Chocolate Fundraiser.

We remind you that boxes of chocolates will NOT be given to students, they must be collected by a parent.

WE REMIND STUDENTS NO HAT! NO PLAY!

It is Ingham State School and Education Queensland policy that children wear a hat at all times when in the sun. Our School is a Sun Smart School where children without a Sun Smart hat play under the covered area.

EARLY DEPARTURES

Parents we ask that you please complete the reason for your child’s early departure as this is a legal requirement of Education Queensland.

P & C NEWS

Next Meeting 2015

The next General Monthly Meeting will be held on Monday 16 March 2015.

Annual General Meeting

The Annual General Meeting will be held on Monday 16 March 2015.

We look forward to welcoming new members to our P&C meetings.

Contact: Mobile (07) 4776 9333 • Fax (07) 4776 9300
• Web http://inghamss.eq.edu.au
**2015 Religious Education in State Schools**

Dear Parents,

Our Religious Education Program for 2015 has commenced in all State Schools. The teaching team consists of volunteer teachers from the district churches. They have combined to make sure that each child in this district has the opportunity to come to a knowledge of the gospel and of God’s love for each one of them.

The Connect Program is used in all the schools. The children receive a new workbook each semester which complements the lesson. As the cost of providing Teachers’ Manuals is very high, particularly with so many small schools, the Anglican and Uniting Churches bear the cost of these manuals. However, we ask for your help in providing these two activity books by contributing $6 per child for the year.

Please write your child’s name, year level and religion on the outside of the envelope, enclose your money and leave at the School Office.

Thank You for your help.

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**Chappy’s Word**

Hello Ingham SS community! Some say it’s a virtue... whatever that is... It gets tested by our children and seems to be what we’re always in need of but never seem to have enough of.

I’m referring to patience. Most people would say that our patience has a measurable quantity and different people have different levels and will eventually run out with everyone. In my experience patience is a spontaneous measure of time; it’s an attitude and a decision. The way we choose to view a situation, especially ones that we have no control over, will determine our ability to cope in that situation. Setting realistic expectations and boundaries when we start working through a situation will help us cope later down the track. If we do lose it, don’t fret. Make sure you reflect on why you got to that stage and learn from the situation.

Chappies Riddles:

Easy: What do you get when you cross an automobile with a household animal?

Hard: What force and strength cannot get through, I with a gentle touch can do and many in the streets would stand, were I not as a friend in hand.

Have a fantastic week.................Chappy Josh

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**SWIMMING TIMETABLE**

MONDAY

1WT 9:50-10:50 1AS 11:30-12:30

TUESDAY

2MB 9:50-10:50 2CP 11:30-12:30 2/3CS 12:30-1:30 3TI 1:30-2:30

Remember to bring your swimming gear and your money on your swimming day.

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**PEACH Program**

What is PEACH? PEACH stands for Parenting, Eating and Activity for Child Health. It is a FREE program that helps parents/carers who may be struggling to maintain a healthy weight in their children. Children aged 5-11 years are eligible to enrol.

The program runs for 6 months and consists of 10 group sessions which run for 90 minutes each. The first 9 sessions are held weekly within the school term. Ongoing individualised family support is offered through the second half of the program ending with one final group session. The program commences end of April.

Families can contact the PEACH program on free call 1800 263 519 or register directly at www.peachqld.com.au or contact Quinta/Isabel at the Hinchinbrook Community Support Centre on 4776 1822.

‘Promoting Healthy Weight in Children’

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**WATER BOTTLES**

Students are reminded to bring their water bottles to school every day. Water bottles may also be kept in classrooms on desks as it is important to keep hydrated.