Dear Parents,

As I write this Newsletter I must admit I’m a little disappointed. I was really hoping for enough rainfall on the weekend to flood me in. But it was not to be, it can be really hard to plan things for the first few months of the year because you never know from day to day if it will be pouring rain or steaming hot. You don’t know if there will be a flood or a cyclone or business as usual.

Just like you never really know when the “storms” of life are going to hit, a fight with a friend, a natural disaster, illness, a death, etc. About the only thing I know is that there will be a storm, at some point everyone’s life is affected by something they didn’t see coming. It is even more so for children. For some children even the smallest changes in life can have significant emotional consequences.

Of course all children are different and so will not handle all situations the same. Some will handle change with no problem while others will stress over even the smallest change in routine. There are a couple things to keep in mind when trying to help your children deal with change and stress.

Communication is always important, take time to talk about the changes and what they will mean for the child. Often they have questions we would never think to ask, so make sure you give them a chance to ask their questions and to tell you how they feel.

Keep calm and eat chocolate. It is really hard for us to see our kids not handling a situation well, but it can turn into a downward spiral. Your concern creates concern in your child which leads you to be more concerned and so on and so on. Patience is always key, often it will take some time to work through whatever is going on.

Talk with people who can help. There are a lot of services available, through the school, the community support centre, the hospital, etc. If you would like to be put in contact with someone please come and see us at the Office.

Make a change, it might seem a bit too easy but often there are some small changes we can make to help deal with a situation.

The good thing to know is that often there can be a silver lining to these dark clouds. It has been said that suffering produces perseverance, character and hope. It is in these tough times that all of us, including our children can develop their character.

At Ingham State School we work hard to develop the social and emotional skills our students need to help them get through these tough times. One of the key ways we develop these skills is through a program that we use called “Bounce Back”. All students engage in this program on a Friday but we also encourage all of our teachers to teach these skills throughout the whole curriculum.

We work hard at creating a positive school environment and working closely with parents and the wider community. All of this helps us to be able to provide a very safe and supportive environment for everyone in this school.

There were a number of changes at the start of the year for Ingham State School, with some staff retiring or leaving at the end of last year and Year 7 being moved to the High School. We have been unsure what this year might look like and have done our best to ensure consistency across the school as well as to minimise change and will continue to do so.

With day 8 figures now received, we have increased the number of teachers the school has. This is really great news because it means that all our classes in the lower school and some in middle school will have smaller numbers. Prep, Grades 1 & 2 will have 23 students each. The 2/3 will have 22 students and the straight 3 will have 25. Both Year 4 classes will have 24 and the Year 5 & 6 classes will stay the same.

As was said before, with the increase in teachers the school has, this year for Ingham State School, with some staff retiring or leaving at the end of last year and Year 7 being moved to the High School. We have been unsure what this year might look like and have done our best to ensure consistency across the school as well as to minimise change and will continue to do so.

Finally can I encourage you to think through how you handle the difficult situations in your life. Learning the skills you need to handle tough situations before you need them will help you and you kids cope. Alternatively you can keep praying for a flood with me.

THE ADMIN TEAM
Steve Ballin Acting Deputy

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Date Claimers
18 February—Herbert River Primary Schools netball trials
20 February—Student Leader Induction
23 February—Herbert River Rugby League Trials
16 March—P&C AGM

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2015 ASSEMBLY
Assembly is held on Friday afternoons in the Multipurpose Hall commencing at 2:05pm.
All welcome!

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All welcome!

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Spotlight
STUDENT LEADER INDUCTIONS THIS FRIDAY COMMENCING AT 12:30PM

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EFTPOS OR CREDIT CARD
facilities are NOT available at Ingham State School.

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P & C A.G.M.
MONDAY 16 MARCH
Venue: Resource Centre
Time: 7:30pm
Tea and Coffee available.
New members are most welcome.

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Issue 04
17 February 2015

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INGHAM State School
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28 Mt Eccles Street, Ingham QLD, 4850 • Telephone (07) 4776 9333 • Fax (07) 4776 9300
E-mail admin@inghamss.eq.edu.au • Web http://inghamss.eq.edu.au
**Talking Tuckshop**

**Badge Presentation:**
Year 6 Badge Presentation will take place this Friday at 12:30. Parents/Carers of Year 6 students are asked to supply a plate of finger food to share for Afternoon Tea. Afternoon Tea will take place under the Assembly Hall. Please bring your plate of food to the Tuckshop on arrival. Parents/Carers of Year 6 students are required to serve and clean away Afternoon Tea. Please let me know if you have time to help.

**Blue Card:**
Tuckshop volunteers, would you please check your Blue Card is still current. If in need of renewal, please fill in the appropriate forms and bring in for signing. If you do not have a Blue Card, please let me know and we will arrange for you to obtain one.

Thank you for your cooperation.

Mrs Byers—Tuckshop Convenor

**2015 Tuckshop Roster**

**Wednesday 18 February** — Araya Piakhan, Kelli Carbone

**Thursday 19 February** — Karen Harragon

**Friday 20 February** — Lynda Wright, Lina Marmara, Nadine Bulmer

**Monday 23 February** — Amanda Lenzo

**Tuesday 24 February** — Lina Marmara, Nadine Bulmer

**2015 Specialty Baking Roster**

**Wednesday 18 February** — Denise Palmas

**Thursday 19 February** — Trudie Dezolt, Linda Ballin

**Stars of the Week**

**Prep DA** — Seth
**Prep RP** — Jacob
**1WT** — Jess, Nathan, Nalini
**1/2AS** — Ella
**2CP** — Shinae, Anthony
**2CS** — Amayah, Xenon
**3KH** — Isabella, Jarvis
**3/4TI** — Hannah, Alison, Akazi
**4CM** — Krista, Miguel
**5EM** — Sarah, Jordan
**5NR** — Chayse, Molly
**6DM** — Paige
**6LN** — Keely, Ezekiel, Isabella

**Music**

Chelsea

William

**Reminders**

**Parent Consent Form**— 
Students from Prep to Year 3 have been given a Dental Permission Form offering an examination and treatment (if required). Please complete, sign and return to the School Office as soon as possible.

**SCHOOL DENTAL FORMS**

**Prep to Year 3**

**Parent Consent Form**

**NO HAT! NO PLAY!**

It is Ingham State School and Education Queensland policy that children wear a hat at all times when in the sun.

Our School is a Sun Smart School where children without a Sun Smart hat will play under the covered area.

So, remember to bring your hat EVERY DAY.

**ISS Playgroup News**

Ingham State School Playgroup is on every Monday commencing at 9:00am in the Multipurpose Hall.

Tea and coffee available.

Bring your own morning tea.

Cost is $2.00 per family.

New members most welcome.

Come along and join us;

Visit us on our Facebook Page—Ingham State School Playgroup.
HPE NEWS

Hello All,

So far swimming lessons have been progressing well. Students have been attentive and keen to learn. Some students have been coming without a swim shirt. Please make sure students have a swim shirt otherwise they may not go swimming. It would be very helpful if all students could have thongs, slip-ons or similar as it wastes a lot of swimming time trying to change into joggers.

Netball trials for ten to twelve year old girls are tomorrow Wednesday 18th February @ 3:30pm at the Association courts. Thank you to the girls who trialled last Friday. If there is anyone interested and does not have a form Mrs Erba will have a couple of spares available. Remember to take completed forms to the trials with your child. Some forms have made their way to the Office so we will take those with us to the trials.

HR Rugby League Trials for Boys between 10-12 will be held on Monday 23rd February at Fairford Road Football Grounds starting @ 4:00pm. Please contact Michael Mendiolea at Lourdes for more information if required.

Helen and Natalee

P & C NEWS

The first P&C Meeting for the year was held last night with a small attendance.

Applications for Membership of the P&C are attached to the newsletter today – if you would like to become a member please complete the form and return to the school before the AGM which will be held on Monday 16th March 2015 @ 7:30pm in the Resource Centre.

The Voluntary Contribution was approved at the meeting last night. Contributions will be the same as for the last few years - $20.00 per child per year. This goes towards helping with our massive paper and copying costs.

The election raffle was a great success – a big thank you to Jared Venables for his donation of the BBQ that was first prize. Winners on the day were:

1st Prize: BBQ & $200 Coles Voucher – John Lone
$100 Board: P Cox
$100 Board – Rita Swarbrick

Congratulations to these winners and also a big thank you to Jared Venables and Megan Carbone and their very small band of workers who manned the Raffle Roster and Sausage Sizzle all day.

This term we will be holding a Cadbury Chocolate Drive and 3rd Term will be a Spelling Bee.

Scholastic Book Club

Issue 1 orders have now closed.
Thank you for supporting the Book Club.

2015 SCHOOL FORMS

If you have not yet returned your forms, it would be appreciated if you could do so this week to enable the Office to update our records. It is very important that your current address, contact numbers and emergency contact numbers and any changes to your child’s medical details are correct in our records.
**NEWS FROM THE OFFICE**

- **Birth Certificates:** Birth Certificates are required for all students enrolled or enrolling at a school (Education Queensland). There are two types of certificates—standard and commemorative. Only the standard birth certificate is a recognised identity document and this is used when enrolling at a school. When enrolling, birth certificates are sighted, copied and filed.

  A number of students have enrolled using a temporary document i.e. an immunisation certificate from Centrelink, with the promise of a birth certificate to follow. If you believe this may be the case with your child/ren, please bring the birth certificate/s to the Office to be sighted and copied. We are required to follow up on all students who do not have the mandatory birth certificate so reminders will be sent to all relevant parents/carers.

- **Absence Explanations:** It is expected that all students from Prep to Year 6 will be at school every school day, for the whole day. They cannot afford to miss any school unless they are genuinely unwell or there is another acceptable reason. As a guide, activities such as shopping, haircuts, visiting family and friends, or tiredness are not acceptable reasons for student absences. You are welcome to talk to your child’s class teacher, or to Admin if you are unsure when it’s acceptable to keep your child at home or arrive late. You can also visit the Every day counts website for further information [www.education.qld.gov.au/everyday](http://www.education.qld.gov.au/everyday)

  - By law, all student absences are required to have an acceptable explanation from a parent/carer. This communication may be in the form of a letter/note, phone message, email admin@inghamss.eq.edu.au or conversation with the Class Teacher or Admin. If your child is sick enough to miss school for a few days, we strongly urge you to obtain a medical certificate. If you feel your child is having problems with school or you would like some ideas on how to help get your child to school, we invite you to come and see us. The school is only too willing to work with parents to ensure that all students are learning at school every day, all day.

**Chappy’s Word**

Hello fantastic Ingham SS Community. I am so excited to be able to serve once again at this fantastic school. I hope you all had an awesome and restful break over the holidays. I spent 3 weeks in the wonderful Papua New Guinea with my Fiancé Chrisenthia. It was great to meet my new family and explore a new country but unfortunately I picked up a nasty souvenir. When I got back to Australia I was diagnosed with Malaria and spent 4 days in hospital. Although I have overcome the disease it will take several weeks for me to recover fully so I can continue my Chaplaincy duties.

**SWIMMING TIMETABLE**

<table>
<thead>
<tr>
<th>Day</th>
<th>Class</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>1WT</td>
<td>9:50-10:50</td>
</tr>
<tr>
<td></td>
<td>1/2AS</td>
<td>11:30-12:30</td>
</tr>
<tr>
<td>TUESDAY</td>
<td>2CP</td>
<td>9:50-10:50</td>
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<tr>
<td></td>
<td>2CS</td>
<td>11:30-12:30</td>
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<tr>
<td></td>
<td>3KH</td>
<td>12:30-1:30</td>
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<tr>
<td></td>
<td>3/4TI</td>
<td>1:30-2:30</td>
</tr>
</tbody>
</table>

Remember to bring your swimming gear and your money on your swimming day.

**UNIFORMS FOR SALE**

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 X Size 12 Girls check blouses</td>
<td>$10 each</td>
</tr>
<tr>
<td>2 X Size 14 Girls check blouses</td>
<td>$10 each</td>
</tr>
<tr>
<td>1 X Size 10 Skirt</td>
<td>$10 each</td>
</tr>
</tbody>
</table>

**Black School Shoes:**

- Ascent Sizes 5 and 6 ...............$10 pr
- New Balance Sizes 4 and 9 ..........$10 pr

**Contact:** 0407 761 297

**Pre-Loved Uniforms**

- 3 X Size 12 Boys Shirts
- 3 X Size 12 Boys Shorts
- 1 X Size 14 Winter Jacket
  (Brand new—never worn)

Please contact Erin on:

0412 078 576 or e-mail erinthornley@yahoo.com.au

**WATER BOTTLES**

Students are reminded to bring their water bottles to school every day. Water bottles may also be kept in classrooms on desks as it is important to keep hydrated.